



Drill of the Week

Drill of the Week – The little big tournament

Aim – To have players play in different court positions

Players must play a mini competition using the following areas of the court

- Area 1 – Deuce service box to Ad Service box long line
- Area 2 – Deuce service box to deuce service box cross court
- Area 3 – Ad service box to Ad service box
- Area 4 – Deuce singles side to Deuce singles side cross court
- Area 5 – The service box area
- Area 6 – Ad singles side to Ad singles side cross court
- Area 7 and 8 – Both halves of the court long line
- Area 9 – the back 1/3 of the court
- Area 10 – the doubles alley

Scoring is to 7 with an underarm feed and play to 10 points.