

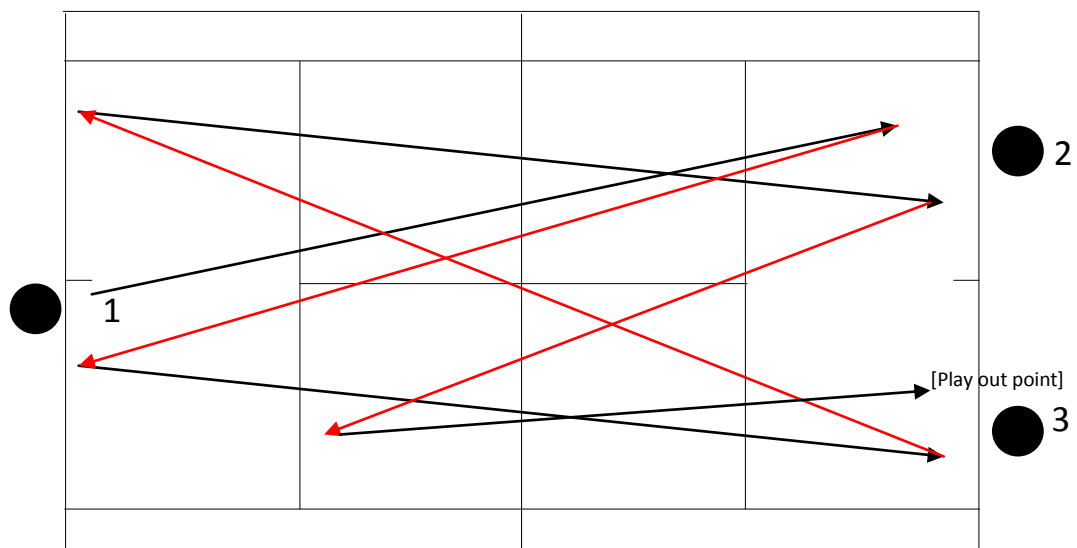
## Drill of the Week – 3 Way Approach shot Drill

**Aim – To have players work harder to earn a point when moving up the court**

Player 1 feeds a ball in and rallies the point out against two players (singles court only).  
Only single player may approach.

On short ball whichever player is approached to plays out the point. The adjacent player drops back for the point to be played on the full court.

Add a serve to enhance the experience and add serve and volley if required.



Example...

Player 1 serves and hits 2 baseline groundstrokes, hits a forehand short ball down the line to player 3. Player 2 drops out and the point continues.