Adult Programme

Social Players

Try Tennis

Fun Cup Tournament & Leagues

The 'Next Level' Coaching Programmes
I.E.
Coffee Mornings
Coach & Play Sessions
Parent/Child sessions
Cardio Tennis
Tennis Fitness Sessions
U3 & Me

Club Social Play & Themed Tournaments

Specialist Courses

Doubles Tactics
Singles Tactics
Serving with Spin
Playing with Consistency
Speciality Shots
ETC…….

Club Teams

Advanced Coaching Programme

Team Players

Group/Squad Coaching

Top Squad

Possible Veterans Touring Squad

Masterclass Courses

Power Tennis
Advanced Singles Tactics
Advanced Doubles Tactics
Psychology Tennis
Pressure Tennis
ETC……...